The Role of Water Quality in Food Safety: Does Water Matter?

Part 3:

Does Water Quality Matter To My Food Company?

Monday, June 4, 2018, Noon, Eastern Daylight Time U.S.

Part 1 gave the basics of EPA rules and how time lags might impact food processors.

Part 2 described what hazards could be in compliant municipal Drinking water.

Now In Part 3, learn what to do about it!

First, University of Arizona's **Dr. Chuck Gerba** explains the basics of Quantitative Microbial Risk Assessment (QMRA) and how to determine your risk profile. EPA's **Ken Rotert** highlights which EPA Rules and standards might impact food processing & where to get info on your water supplier; **Dr. Vince Hill** of the CDC explains why we don't hear much about water causing food contamination. Finally, hear valuable advice from **Will Daniels**, President, Produce Division, IEH Laboratories, with practical ideas on how to control your risk.



Dr. Chuck Gerba, Professor University of Arizona

Kenneth Rotert, Physical Scientist US Environmental Protection Agency (EPA)



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William C. Daniels, President, Produce Division IEH Laboratories & Consulting Group



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Vice President of Strategic and Regulatory Affairs Atlantium Technologies

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WEBINAR HOUSEKEEPING

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This webinar is being recorded and will be available for access by IAFP members at <u>www.foodprotection.org</u> within one week.

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The Basics Of Quantitative Microbial Risk Assessment of Water for Food Processors

Dr. Chuck Gerba Professor, Microbiology & Environmental Sciences, University of Arizona





EPA Drinking Water Rules Relevant to Food Processors

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What Can I do That Will Make a Difference?

Will Daniels President, Produce Division IEH Laboratories and Consulting Group





The Basics Of Quantitative Microbial Risk Assessment of Water for Food Processors

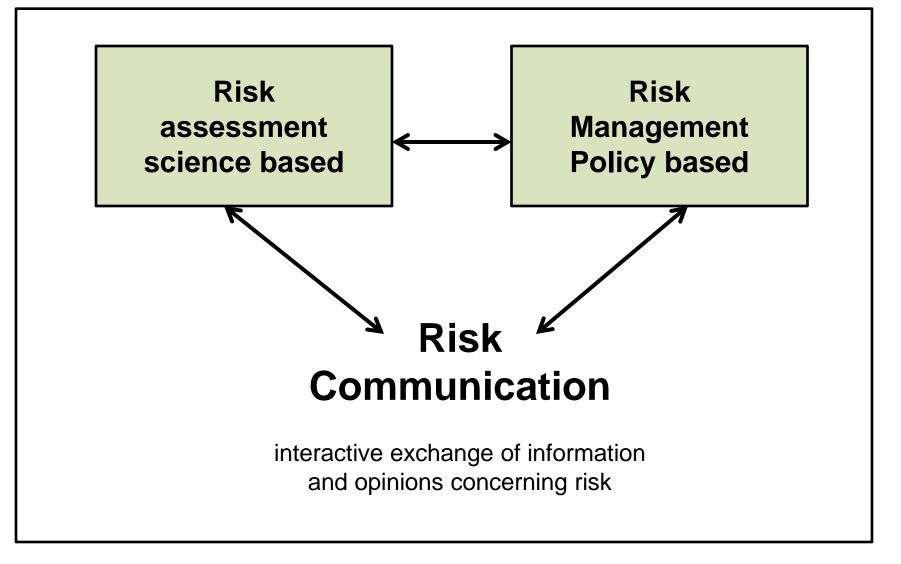
Dr. Chuck Gerba Professor, Microbiology & Environmental Sciences, University of Arizona



Risk Assessment



Estimation of potential adverse effects associated with exposure of individuals or populations to hazards



Risk analysis framework

How do we use risk analysis for water ?

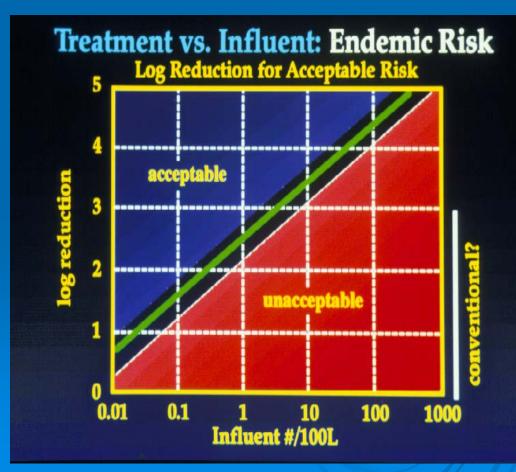




Develop treatment standards for drinking water treatment

> Assess cost: benefits of regulations

How do we use microbial risk assessment ?



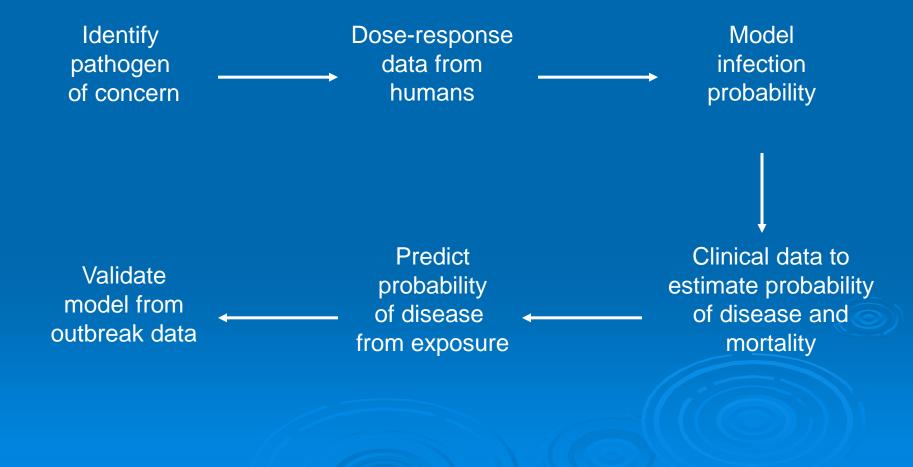
Development of treatment standards for drinking water treatment to remove pathogens from water Microbial Risk Assessment
Determine degree of drinking water treatment needed to reduce the risk of infection to <u>1:10,000 per year</u> (Surface Treatment Rule) or ~1:1,000,000 per day
Used to determine how much to treat the

water for intented purpose

- Drinking water
- Recreational waters
- Irrigation waters
- Process waters

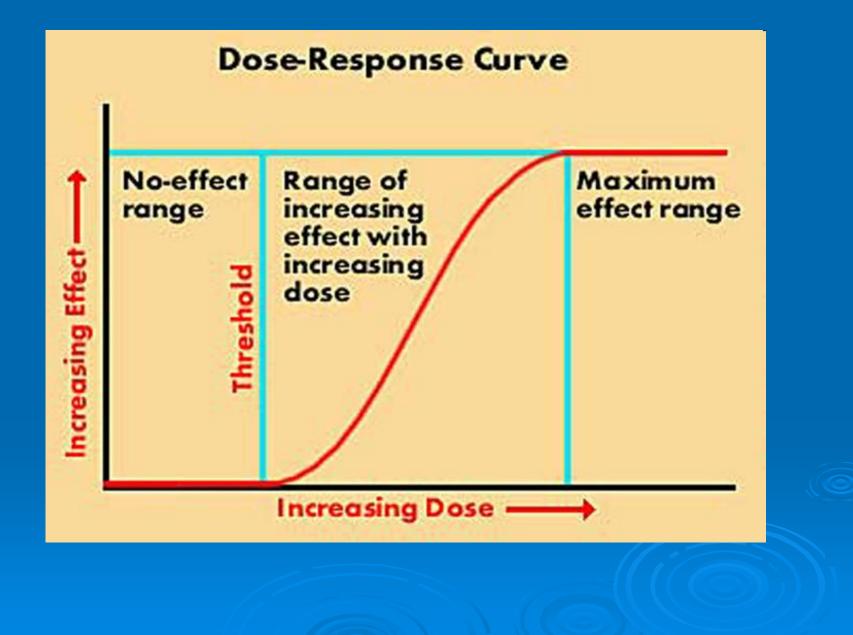
Quantitative Microbial Risk Assessment is an approach that allows the expression of risks in a quantitative fashion in terms of infection, illness, or mortality from microbial pathogens

Quantitative Microbial Risk Assessment

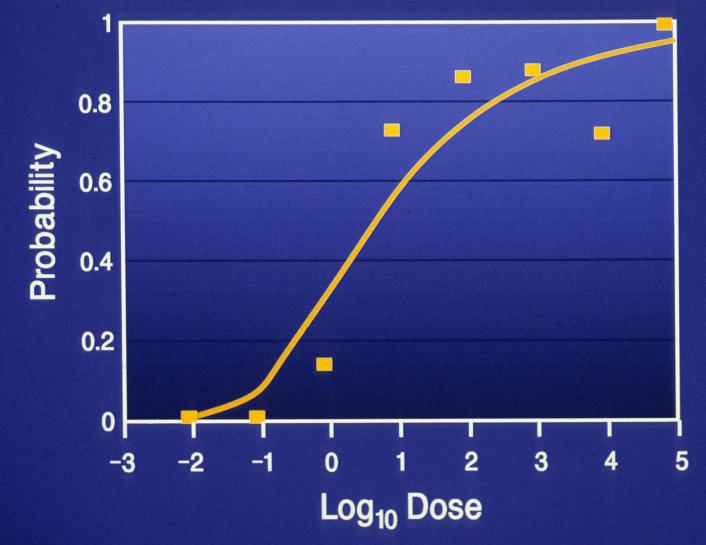


Four Basic Steps in Risk Assessment

- Hazard Identification identifying the contaminate (i.e. Salmonella, norovirus)
- Dose-Response Assessment relationship between concentration of and the probability of infection
 - Data may come from human/animal feeding studies or outbreaks



Probability of Infection with Human Rotavirus



Dose Response studies have been conducted in humans for

- Poliovirus
- Rotavirus
- Norovirus
- Salmonella
- E. coli 0157:H7
- Campylobacter
- Shigella
- Cryptosporidium
- Giardia

Dose Response Models for Microorganisms

Beta-Poisson (Simple log-normal)

$$P = 1 - \left(1 + \underline{N}\right)^{-\alpha} \beta$$

Exponential

 $P = 1 - \exp(-rN)$

P = Probability of infection from a single exposure N = Number of organisms ingested α and β = parameters characterizing the host-organism interaction r= fraction of the ingested organisms that survive to initiate infections

Outcomes of Microbial Exposure



Case-Fatality Rates for Enteric Pathogens

Organism	Case-fatality (%)	
Coxsackie virus B	0.59 - 0.94	
Echovirus	0.27	
Hepatitis E (pregnant women)	2 - 3 20 - 40	
Shigella	0.2	
Salmonella	0.1	
<i>E. coli</i> O157:H7	0.2	
Ascaris	0.02	

Case Fatality Observed for Enteric Pathogens in Nursing Homes vs. General Population

Organism	Case Fatality (%) In General Population	Case Fatality (%) In Nursing Homes
Campylobacter jejuni	0.1	1.1
Escherichia coli 0157:H7	0.2	11.8
Salmonella	0.1	3.8
Shigella	0.2	
Rotavirus	0.01	1.0
Snow Mountain Agent	*	1.3

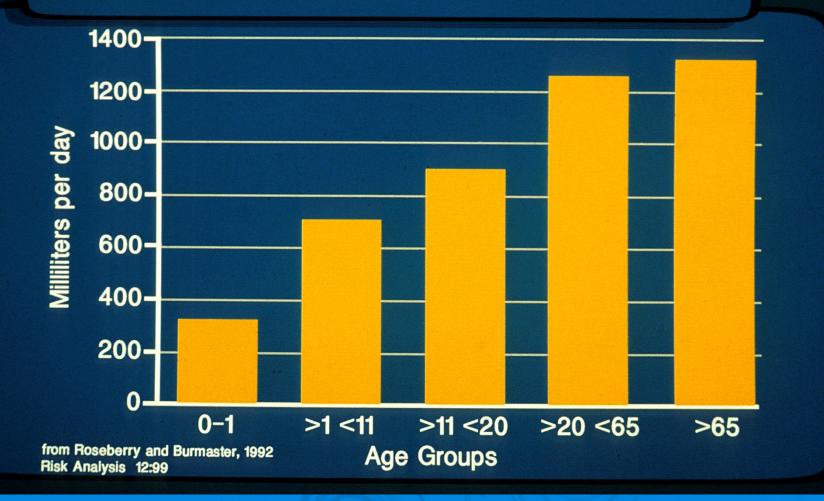
*Only documented deaths have been in the elderly in nursing homes.

EXPOSURE ROUTE Inhalation, ingestion

CONCENTRATION OF PATHOGEN Organisms per ml, liter, gram of food, cubic meters of air

> DURATION Event, day, year

Average Tapwater Intake Rates



Annual Risk of One or More Infections =

 $1 - (1 - P)^{365}$

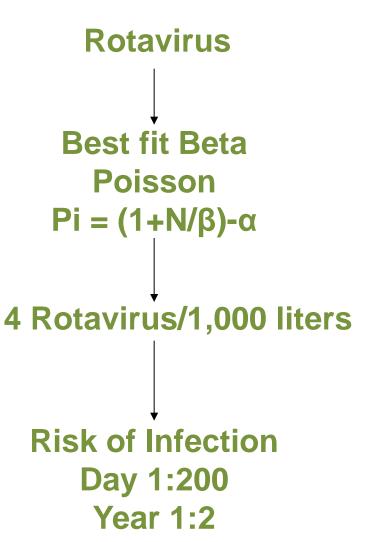
P = Probability of infection from a single exposure

RISK ASSESSMENT OF ROTAVIRUS IN DRINKING WATER

- Hazard = rotavirus
- Dose response from human ingestion on studies provide values for α and β.
 Ingestion of one virus will cause an infection in 15% of the people.
- Exposure 2/ liters per day ingested

RISK ASSESSMENT FOR ROTAVIRUS IN DRINKING WATER

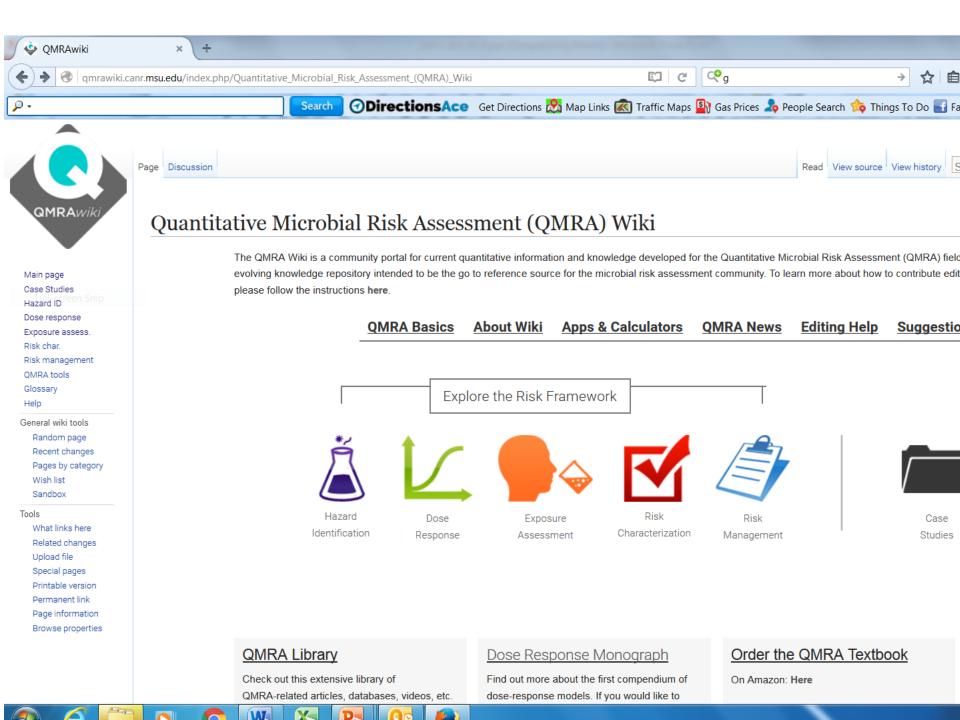
Pathogen Identified Dose Response Model (feeding studies) Exposure (field studies) **Risk Characterization** (2 liters/day ingestion)

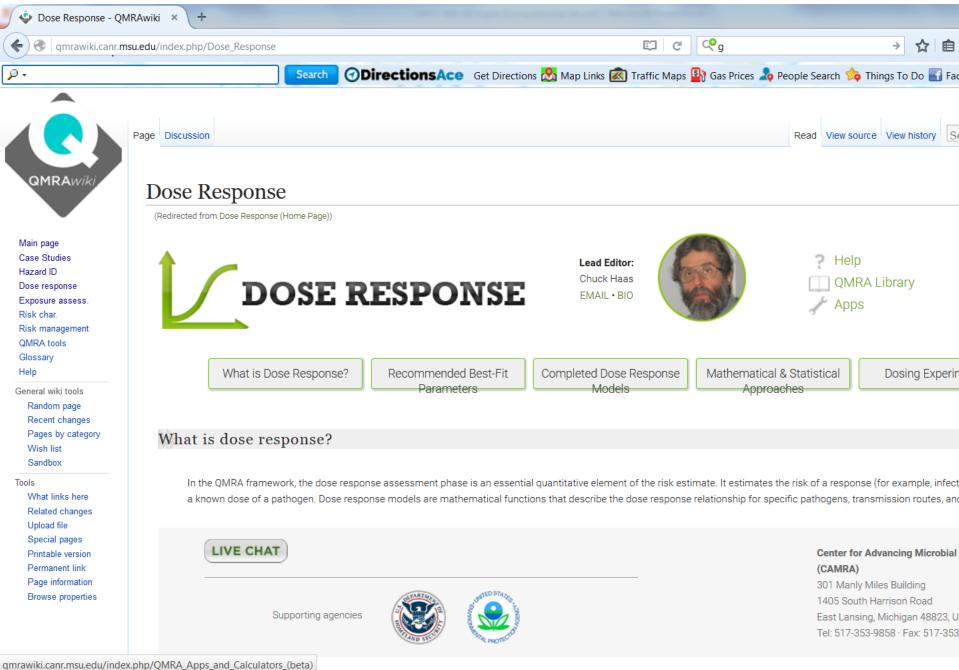


Quantitative Microbial Risk Assessment (QMRA) Wiki

How do to a QMRA and data needed to perform one can be found at

http://qmrawiki.canr.msu.edu/index.php/Quantitative _Microbial_Risk_Assessment_%28QMRA%29_Wiki

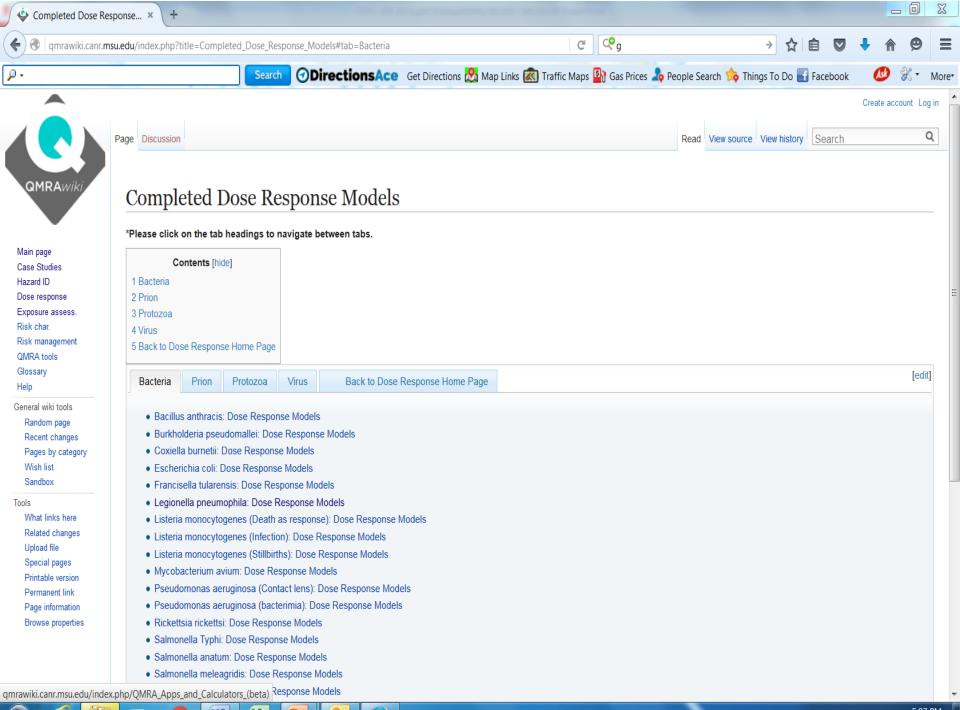


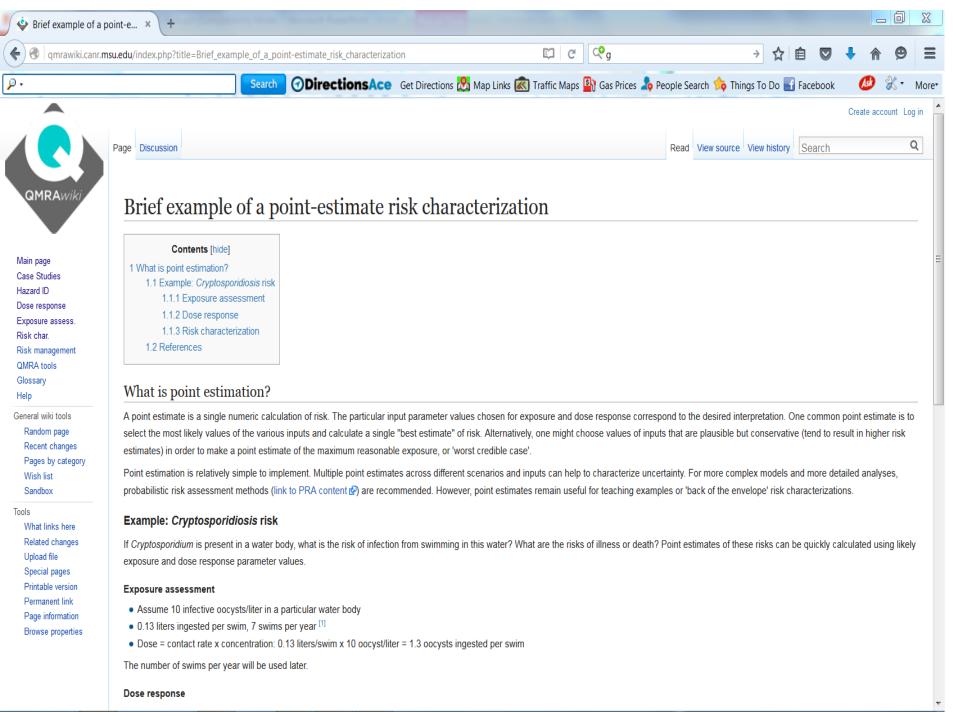


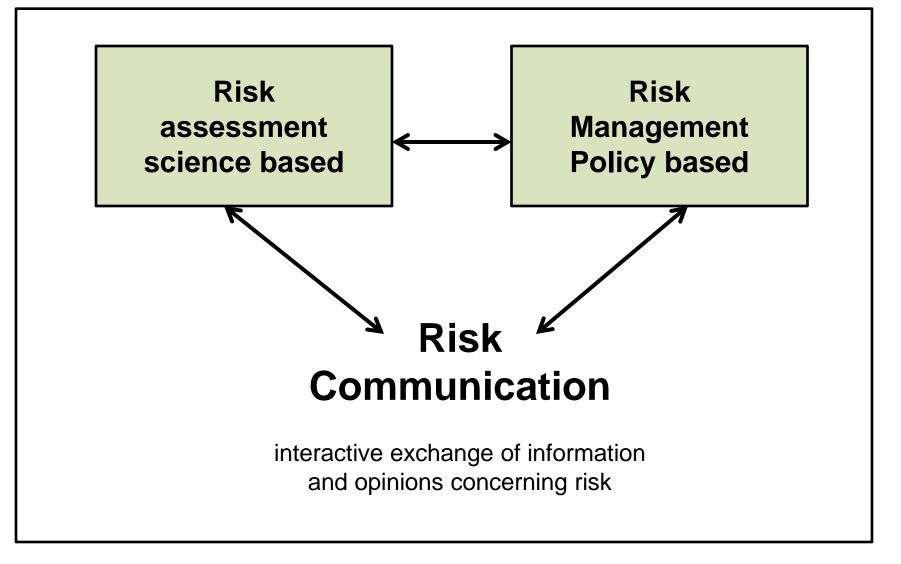
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Risk analysis framework

Summary

- > Quantitative microbial risk assessment of QMRA can be used to
 - Determine needed treatment to reduce risk of infection by specific waterborne pathogen – what degree of treatment you might need for a given application (i.e. produce washing, irrigation waters, etc)
 - Assess the reliability of a treatment processes over time and variation in water quality

Does Water Matter? Part 3: Does Water Quality Matter To Food Protection My Food Company?

EPA Drinking Water Rules Relevant to Food Processors

Kenneth Rotert Physical Scientist U.S. EPA Office of Ground Water and Drinking Water



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EPA Drinking Water Rules Relevant to Food Processors

Kenneth Rotert U.S. EPA Office of Ground Water and Drinking Water June 4, 2018



Overview

- Drinking Water Regulation Applicability and Coverage
- Some EPA Rules that may Impact Food Processing Operations
- Relevance of EPA Standards to Food Processing
- Understanding the Water you Get

Regulation Applicability and Coverage

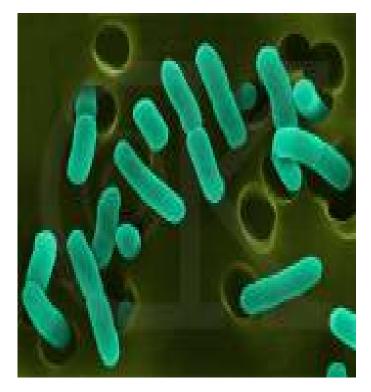


- Applicability of Drinking Water Standards
 - Standards only apply to public water systems at least 15 service connections or serves <a> 25 people for at least 60 days a year
- Public Water System Coverage (Safe Drinking Water Act Amendments of 1996 – Part B)
 - EPA Drinking Water Standards do not apply to a public water system:
 - Which consists only of distribution and storage facilities (and does not have any collection and treatment facilities
 - Which obtains all of its water from, but is not owned by, a public water system to which such regulations apply
 - Which does not sell water to any person; and
 - Which is not a carrier which conveys passengers in interstate commerce



Some EPA Rules that may Impact Food Processing Operations

- Revised Total Coliform Rule
 - Microbial indicator monitoring to determine the water quality in distribution systems
 - Assessment and possible corrective actions when bacteria exceed prescribed levels
- Ground Water Rule
 - Treatment as necessary, triggered by fecal indicator results from source water monitoring
 - Sanitary Surveys required





Some EPA Rules that may Impact Food Processing Operations

- Surface Water Treatment Rules
 - Treatment of water from surface water sources to address microbial contamination (those sources with exposure to the atmosphere or subject to runoff)
 - Disinfection for all systems (at the treatment plant and within the distribution system), as well as filtration (unless granted filtration avoidance) and sanitary surveys
 - Monitor disinfectant residuals in the same location and at the same frequency as for total coliforms (TC)



Some EPA Rules that may Impact Food Processing Operations



• Disinfection Byproduct Rules

- Limit the amount of Trihalomethanes, Haloacetic Acids, Bromate and Chlorite in drinking water
- Can be formed when disinfection byproduct precursors react with disinfectants added for microbial control
- Monitored within drinking water distribution systems
- Chronic exposures to DBPs have been associated with bladder cancer and other health effects



Relevance of EPA Standards to Food Processing



- Finished drinking water in compliance with EPA standards is low risk, not sterile
 - Not all potential microbial contaminants are regulated
 - Treatment of surface water sources does not necessarily remove 100% of microorganisms. Requirements call for treatment to 2-log *Cryptosporidium*, 3-log *Giardia lamblia*, and 4-log virus reduction
 - Ground water systems are required to treat only as necessary
 - Contamination can occur in the distribution system (e.g., through cracks, leaks). These can also be related to distribution system vulnerabilities (e.g., main breaks)
 - Under the RTCR systems do not have to conduct an assessment until 5.0% or more of samples over a month are positive for total coliforms (unless *E. coli* positive)



Relevance of EPA Standards to Food Processing

- Finished drinking water in compliance with EPA standards is not sterile (cont.)
 - Systems can have up to 5% of samples without a disinfectant residual in the distribution system each month. Systems can measure heterotrophic bacteria as a proxy, with up to 500 bacteria per mL being acceptable
 - For filtered systems turbidity limits must be met in 95% of monthly samples

Range of Scenarios: Monitoring



to Public Notification

Time* until:	Fastest Possible Scenario (In-house lab, 24-hr method)	Longer Scenario (Contract lab closed on weekends, 48-hr method)
Routine Sample Collected	Monday	Monday
Notified of routine TC+/EC+	Tuesday afternoon (Day 2)	Thursday afternoon (Day 4)
Collect repeat samples	Wednesday morning (Day 3)	Monday morning (Day 8)
Notified of repeat TC+/EC+	Thursday afternoon (Day 4)	Thursday afternoon (Day 11)
Public Notification	Friday afternoon (Day 5)	Friday afternoon (Day 12)

* Note: Times can vary depending on other factors not included in these examples.

Understanding the Water you Get



- Consumer Confidence Reports (CCRs)
 - All Community Water Systems (CWSs) must provide all of their customers with an annual water quality report
 - Includes information on the water source, contaminants detected in finished water, health effects of contaminants when violations occur, likely sources of detected contaminants, and availability of source water assessments
 - Customers can make informed decisions regarding their use of drinking water
 - CCRs must be provided by July 1 each year



Oity of Redlands



Consumer Confidence Report

Understanding the Water you Get



- Safe Drinking Water Information System (SDWIS)
 - Federal database housing basic information on:
 - the system's name, ID number, city or county served, number of people served, type of system (residential, transient, non-transient), whether the system operates year-round or seasonally, characteristics of the system's source(s) of water
 - Also contains information on:
 - Violation information for each public water system (e.g, monitoring failures, treatment technique failures, Maximum Contaminant Level exceedances, public communication failures)
 - Enforcement information, including actions states or EPA have taken to ensure that a public water system returns to compliance if it is in violation of a drinking water regulation
 - State version available to house monitoring and other information
 - Some states have additional publicly accessible databases with more detailed information



Summary

- EPA drinking water regulations apply to Public Water Systems
 - These regulations generally address the quality of drinking water
- Finished water in compliance with EPA regulations is low risk, not sterile
- Several information sources are available on water quality from Public Water Systems



Contact Information

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Does Water Matter? Part 3: Does Water Quality Matter To My Food Company?



Why don't we hear more about Water Associated Food Illness?

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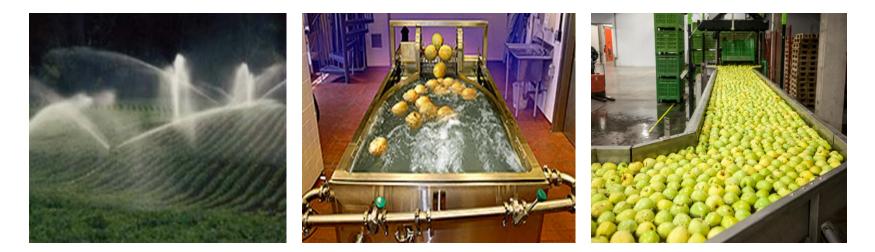
Getting the Data We Need to Characterize Water Contributions to Foodborne Disease Outbreaks

Vincent R. Hill, PhD, PE

Chief, Waterborne Disease Prevention Branch Division of Foodborne, Waterborne and Environmental Diseases

June 4, 2018

Water can impact food quality and contribute to foodborne outbreaks







Water-related foodborne disease outbreaks

- Foodborne outbreaks potentially related to irrigation water
 - 2003 hepatitis A virus on green onions (imported)
 - 2006 *E. coli* O157:H7 on spinach (domestic)
 - 2013 Cyclospora on spinach (imported)
 - Multiple berry-related outbreaks
 - Current *E. coli* O157:H7 on romaine?
- Rarely have environmental data to make etiology connections
- Traceback can identify implicated facilities, but environmental and production system assessment data needed for root cause analysis

Factors impacting field investigations

- Response time
 - Field investigations often delayed
 - Environmental investigations require partnerships, planning
- Water inputs and uses
- Pathogen sources
- Pathogen types

Understanding water inputs and uses

- Irrigation water
 - Surface water
 - Canals: Often many miles, fecal contamination flows downstream
 - Ponds: Dead ends; easier to characterize, but water quality can change quickly; can sample water and sediment
 - Ground water: contamination often more long-lasting
- Dump tanks and wash water systems
 - Water as vehicle for cross-contamination; systems emptied each day; system assessment needed to understand potential deficiencies
- Processing facility source water
 - Often municipal source; ground water sources may not be treated

Understanding pathogen sources and types

- Numerous potential sources of fecal waste
 - People (e.g., farm workers)
 - Wild animals (e.g., pigs, birds)
 - Farms (e.g., dairy, beef, swine)
 - Sewage (e.g., municipal sewage [breaks, overflows], septic unks)
- Microbes have different environmental persistence characteristics
 - Enteric
 - Bacteria like *E. coli* O157 and *Salmonella* can die-off quickly
 - Longer persistence for viruses, and even longer for parasites
 - Environmental
 - Listeria contamination can last for long periods



New environmental investigation tools can help

- Large-volume water sampling
 - 100s to 1000s liters enables sensitive detection of pathogens and fecal indicators
- Sampling soil/sediment as reservoir for waterborne contamination
- Analytical tools
 - Microbial source tracking (MST) to characterize human and animal fecal sources
 - NextGeneration sequencing (metagenomics and whole genome sequencing [WGS])

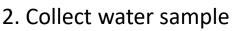


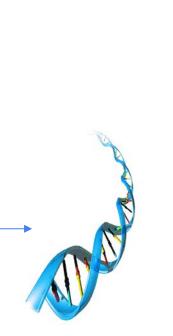
Microbial Source Tracking (MST)



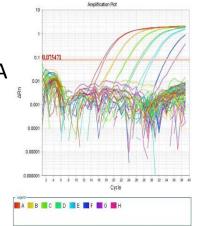








3. Extract DNA





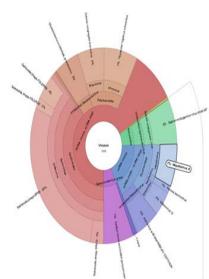
5. Fecal source identification

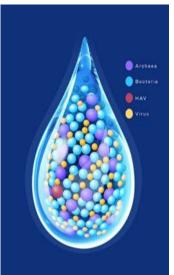
1. Identify potential fecal sources

4. Species-specific qPCR

Metagenomics and Whole Genome Sequencing for Environmental Investigations

- Use metagenomics to understand
 - Diversity of pathogens and traits (e.g., AR) in environmental media, water and waste systems
 - Persistence and transmission of AR in environment
 - Identify areas of risk for human exposure, control points for contamination prevention
 - Link environmental data to outbreak clusters
- Use WGS to study
 - Methods to identify signature organisms in environmental samples
 - Conditions that support pathogen survival & transmission
 - Relationships of bacterial communities and pathogens





Thank you!

Contact: Vincent Hill, vhill@cdc.gov

For more information, contact CDC 1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov



The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



Does Water Matter? Part 3: Does Water Quality Matter To Food Protection My Food Company?

What Can I do That Will Make a Difference?

Will Daniels President, Produce Division IEH Laboratories and Consulting Group



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IAFP Webinar; Does Water Matter Part 3: Does Water Quality Matter to My Food Company?.....Industry Perspective June 4, 2018



Will Daniels President, Produce Division IEH Laboratories and Consulting Group

Water in the facility...

- Performs several functions:
 - Facilities, Operations, Sanitation



- Likely involves regulations/requirements from multiple entities:
 - Local, State, Federal, Internal, Customer
- Involves management both inbound and as waste
 - Rural, Municipal
 - Is a risk that must be managed.







What practices increase my risk?

- Water as an ingredient
 - Water quality, chemistry, treated?
 - Regulatory requirements
- Re-using water
 - Wash system, transport system
 - Cooling treatments
 - ✓ Sanitizer treatments
 - ✓ Plumbing
 - The unintended consequence
 - Water in a dry process
 - Sanitation





How can I lower my risk?

- Know your regulations
 - Who, what, when
- Know your supply
 - Treatment required?



- Perform a risk assessment
 - Know your process
 - Continuous improvement
 - External resources?
- Establish and ensure control
 - Monitoring/injecting
 - Validate system
 - Educate







If I need to mitigate, what should I do?

- Create obtainable targets
 - Does the plan align with the method?
- Identify the appropriate methods
 - Reliability/accuracy
 - Validate/verify
 - Preventative maintenance
- Be sure that you have a continuous improvement process in place to identify the ever changing landscape.





Thank you



Will Daniels will.Daniels@iehinc.com 831-236-8090





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AUDIENCE QUESTIONS & ANSWERS

Vincent Hill.

Chief. Waterborne Disease

Prevention Branch -





Dr. Chuck Gerba, Professor University of Arizona



William C. Daniels, President, Produce Division IEH Laboratories & Consulting Group

Division of Foodborne, Waterborne

and Environmental Diseases, (CDC)



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